

Survival Socks♥

Pattern by Elin Stoodley/Panda Go Urgh



You will need:

3 mm crochet hook (or any size hook to obtain gauge)

2 balls of Drops Fabel, 4ply, Colour 674 - Bourgogne Print

A pair of scissors

Darning needle

1 stitch marker (or a safety pin)

Ruler/measuring tape



♥ Named Survival Socks after I made my first pair of socks and felt that having this skill increased my chances of surviving the forthcoming zombie apocalypse. Don't ask me exactly how they will improve your chances of living, but I'm pretty confident that being able to fashion your own footwear in a crisis is a pretty good thing...

Notes

The pattern is written using UK crochet terms.

To make these socks you will need to know how to do chains, double crochet, increase and decrease, slip stitch and work in back loops.

The sock is worked from the toe up. Some sewing is required to finish the sock.

The toe, foot and leg are worked in a continuous round. The rows are **not** joined together with a slip stitch, they simply continue on top of each other. Mark the start of the round with a stitch marker/safety pin or a piece of yarn in a contrasting colour and move the marker as you start a new round.

The heel and cuff are worked back and forth in rows and you need to turn your work after each row.

Key

Ch(s) – chain(s)

St(s) – stitch(es)

Slst – Slip stitch

DC – double crochet

DC2TOG – double crochet 2 stitches together (decreasing stitch)

(xx) – total stitch count in round/row

Back loop – working in the back loop of a sts creates the ribbed effect of the cuff. Instead of going through both loops of the sts, only work through the back loop and leave the front loop exposed to create a ridge (**Picture 1**).

The pattern describes how to make a sock that will fit UK adult shoe sizes 3-8.

Tension/Gauge

It can be a good idea to check your tension so that you are sure the sock will fit, especially if you are using a different yarn.

The gauge should be roughly:

23DC in 26 rows to make a square 10x10 cm.

Make a swatch of 23 DC and 26 rows. If the square is too large, try a smaller hook. If it's too small, try a bigger hook.

After you have finished the toe, check if the sock fits around your foot. The width will stay the same for all of the foot. You can adapt the length of the foot to fit exactly to your size.



Picture 1

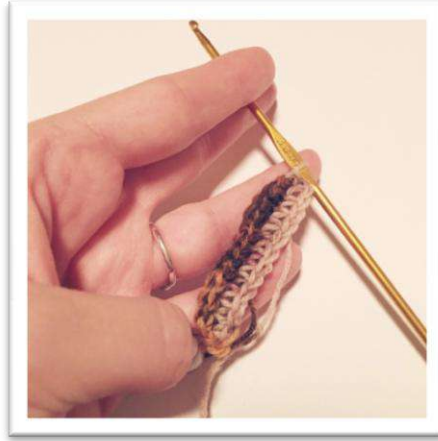
Toe

Foundation chain: Ch 13 (**Picture 2**)

Row 1: DC in the second ch from hook. DC in the next 10 ch, 3 DC in the next ch. Continue working back along the foundation chain, but do not turn your work. DC in the next 10 ch, 2 DC in the next ch (that already has your first DC). (26 sts in round) (**Picture 3**)



Picture 2



Picture 3

Row 2: DC in next st, do not join the rows. Mark this stitch as the first of the round. DC 11, 2 DC in next st, DC 12, 2 DC in last st. (28 sts in round)

Row 3: DC 13, 2 DC in next st, repeat 1 time. (30)

Row 4: DC 14, 2 DC in next st, repeat 1 time. (32)

Row 5: DC 15, 2 DC in next st, repeat 1 time. (34)

Row 6: DC 16, 2 DC in next st, repeat 1 time. (36)

Row 7: DC 17, 2 DC in next st, repeat 1 time. (38)

Row 8: DC 18, 2 DC in next st, repeat 1 time. (40)

Row 9: DC 19, 2 DC in next st, repeat 1 time. (42)

Row 10: DC 20, 2 DC in next st, repeat 1 time. (44)

Row 11: DC 21, 2 DC in next st, repeat 1 time. (46)

Row 12: DC 22, 2 DC in next st, repeat 1 time. (48)

Row 13: DC 23, 2 DC in next st, repeat 1 time. (50) (**Picture 4**)

Row 14: DC in each st around. (50)

Repeat Row 14 until sock measures the required length (see below). (**Picture 5**)



Picture 4



Picture 5

UK shoe size	Length in cm
3	16
4	17
5	18
6	19
7	20
8	21

Heel

Lay sock so that the foundation chain is flat. Move stitch marker to the left edge of the sock to mark the beginning of the back of the sock (the heel). DC until you reach the stitch marker. **(Picture 6)**



Picture 6

Row 1: DC 25 and leave the remaining sts unworked. Move stitch marker to the first unworked st. Ch 1 and turn your work.

Row 2: DC2TOG in the first 2 sts, DC 21, DC2TOG in the final 2 sts, ch 1 and turn. (23)

Row 3: DC2TOG in the first 2 sts, DC 19, DC2TOG in the final 2 sts, ch 1 and turn. (21)

Row 4: DC2TOG in the first 2 sts, DC 17, DC2TOG in the final 2 sts, ch 1 and turn. (19)

Row 5: DC2TOG in the first 2 sts, DC 15, DC2TOG in the final 2 sts, ch 1 and turn. (17)

Row 6: DC2TOG in the first 2 sts, DC 13, DC2TOG in the final 2 sts, ch 1 and turn. (15)

Row 7: DC2TOG in the first 2 sts, DC 11, DC2TOG in the final 2 sts, ch 1 and turn. (13)

Row 8: DC2TOG in the first 2 sts, DC 9, DC2TOG in the final 2 sts, ch 1 and turn. (11)

Row 9: DC2TOG in the first 2 sts, DC 7, DC2TOG in the final 2 sts, ch 1 and turn. (9)

Row 10: Start increasing. 2 DC in first st, DC 7, 2 DC in final stitch, ch 1 and turn. (11)

Row 11: 2 DC in first st, DC 9, 2 DC in final stitch, ch 1 and turn. (13)

Row 12: 2 DC in first st, DC 11, 2 DC in final stitch, ch 1 and turn. (15)

Row 13: 2 DC in first st, DC 13, 2 DC in final stitch, ch 1 and turn. (17)

Row 14: 2 DC in first st, DC 15, 2 DC in final stitch, ch 1 and turn. (19)

Row 15: 2 DC in first st, DC 17, 2 DC in final stitch, ch 1 and turn. (21)

Row 16: 2 DC in first st, DC 19, 2 DC in final stitch, ch 1 and turn. (23)

Row 17: 2 DC in first st, DC 21, 2 DC in final stitch. (25) (**Picture 7**)



Picture 7

Leg

Round 1: Without cutting the yarn and without turning, continue to crochet in the last round of the foot by crocheting a DC into the first unworked DC (your marked st). (**Picture 8**) DC 24, then DC 25 into row 17 of heel.



Picture 8



Picture 9

Round 2: DC in each st around. (50)

Round 3-12: Repeat round 2. (50) (**Picture 9**)

Cuff

Without cutting the yarn, ch 21. (**Picture 10**) DC in the second st from hook and in the remaining 19 chs.



Picture 10



Picture 11

*Slst in the next 2 st of round 12 of leg. Turn.

DC 20 in the **back loops** of the cuff sts. Ch 1, turn. DC 20 in the back loops of previous row. (**Picture 11**) Repeat from * all around the leg. Finish at the top of cuff. Fasten off and leave a long tail for sewing the gap together.

Finishing off

Turn the sock inside out. Sew the holes of the heel together. With your long tail, sew the edges of the cuff together. Fasten off, secure and cut ends. Turn the sock with the right side out.



Make another one!

Well done! You have finished your socks!



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#survivalsocks

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Please follow me on Instagram and use the hashtag to share your socks! Please don't hesitate to contact me on social media or by email if you need help with the pattern and I will try my best to assist you.

Love

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